When: Friday night October 13 (beginning at 8 PM) and ending with lunch on Sunday, October 15, 2017 (pre-retreat dinner is being organized for those able to arrive earlier).

Where: Zephyr Point Presbyterian Conference Center on Lake Tahoe near South Shore!

Cost: $415. per couple which includes hotel style accommodations with Queen Size Beds, 5 meals, the retreat program and resources to take home.

Target Audience: All Couples without regard to sexual orientation (post high school -105!)

The Program: “There is a kind of love called maintenance...” This is the first line of U.A. Fanthorpe’s poem “Atlas,” which compares sustaining a loving relationship to maintaining an old building. There is a sensible side of love, that is not knee-deep in high-falutin' romantic dreams, but appears in the day-to-day support and care for the structures of living together. It requires a little bit of elbow grease to keep all its parts moving and in order, like paying attention to our hearts, minds, and bodies; claiming our gifts, and working on our shortcomings; taking ourselves lightly, and taking our work seriously. And the absolute best way to do this work is together, and with a sense of humor. Join the Rev. Kris Marshall to talk about one self-awareness and self-realization tool that can nurture and reinforce your relationships through open communication and conflict style management. Developed through Jungian psychology, the Enneagram is a personality typing system that helps you be in touch with your own best gifts and personal challenges as you navigate all of life’s ups and downs, in your marriage relationship, in your working relationships, and in your own spiritual development. The retreat will give you an overview of the tool, and provide opportunities for you to learn and share with your partner. Stimulate your mind, heart, and funny bone together in this gorgeous Tahoe setting.

For more Information: Contact Pastor Kathy,

Your Facilitators: The Reverend Kris Marshall and Pastor Kathy

The Rev. Kris Marshall is an ordained Elder in the United Methodist Church, currently serving the people of Reno, Nevada. She has also served multicultural communities in Burlingame, Clovis, and Santa Rosa. She has studied the Enneagram for ten years in various contexts, and has found it extremely helpful for marriage counseling, team building, and personal development. Direct, humorous, and down-to-earth, her goal as a pastor is to help people connect to their interior and exterior worlds by building loving relationships with themselves, God, and one another. She thinks Christianity is an innately practical framework for understanding and living into the Divine Mystery.

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Renovating Relationships!
Registration Form
Deadline September 3, 2017
(Register early—limited number of rooms--Rooms will be assigned based on receipt of $100. deposit)

Name of Couple______________________________________________________________

E-mail and Phone_________________________________________________________
Special Dietary Needs

$100. Deposit enclosed (full payment due by September 17)—checks made payable to EGUMC and marked Couples' Retreat—Turn forms & checks into church office or offering plate/wooden churches. Be sure to clearly write couples retreat in the memo section. Deadline for Registration is September 3, 2017.

$415. Full Payment enclosed

If needed, I would be willing to meet once to help finalize details of retreat!

Limited partial scholarships are available; please contact Pastor Kathy for more information.

Put in the offering plate on Sunday; bring to the church office or mail to: Elk Grove UMC, 8986 Elk Grove Blvd., Elk Grove, Ca 95624